

SERMON STUDY NOTES

One Another Series – Build Up

Text: Ephesians 4:15 NIV

1 Thessalonians 5:11

11 Therefore encourage one another and build each other up, just as in fact you are doing.

1 Cor. 3:9

9 For we are co-workers in God's service; you are God's field, God's building.

10 By the grace God has given me, I laid a foundation as a wise builder, and someone else is building on it. But each one should build with care. 11 For no one can lay any foundation other than the one already laid, which is Jesus Christ.

Eph 4:15

15 Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. 16 From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.

Rom. 15:1-2

We who are strong ought to bear with the failings of the weak and not to please ourselves. 2 Each of us should please our neighbors for their good, to build them up.

1. What is one story when someone built you up in encouragement, generosity or loving correction that impacted your life?
2. How do you currently using the "plumb line" of Jesus' teachings to evaluate your attitudes, words, and actions toward others? Where have you heard God inviting you to make adjustments?
3. Who has God placed in your life that needs encouragement and building up, and how can you specifically invest in them this week?
4. Are you willing to put in the effort to build others up, even when it feels inconvenient or exhausting? What might God be calling me to surrender in order to do this well?
5. Do you have the courage to speak the truth in love to others, balancing honesty with grace, as Paul describes in Ephesians 4:15? When you are "unbalanced" is it more on the side of blunt truth or people pleasing love?